

## **Booking**

All participants must fill in a booking form

All participants must be over the age of 18 unless accompanied by a parent or legal guardian.

All Kuta Outdoors Challenges are physically demanding and it is your responsibility to ensure that you have the appropriate level of fitness and good health to participate.

If you have any medical conditions which could be adversely affected by exercise, particularly a heart condition or diabetes, or if you have any doubt about your health, you must get separate written clearance from your doctor which must be given to Kuta Outdoors before taking part in the event or activity. If you declare a previous medical condition and are requested by Kuta Outdoors to get a doctor's note to support your registration you must do so with at least 1 month before the event date (it can sometimes take that long to get one) unless a doctor's note is provided Kuta Outdoors will not process your registration and you will not be allowed to do the event.

Failure to disclose the full details of any medical condition from which you suffer, or any changes that may arise prior to the date of the event will invalidate your insurance and may put support staff and mountain rescue teams at risk.

You agree to ensure that your registration and medical declaration details are true and accurate at all times and you undertake to update your registration details from time to time when they change. If we become aware that either your declaration is incorrect, we reserve the right to immediately cancel your registration and acceptance for registration in the future will be at our discretion and any fees paid will be retained by Barnsley Hospital Charity

## **Safety**

All participants must adhere to the safety instructions given by Kuta Outdoors (sent by email and or delivered on the day of the event)

All participants are to attend the safety brief before we start our event – it is your responsibility to be there and under no circumstances are you to start a walk without having had a safety briefing – to do so puts you and others at risk.

A team or individual walking behind our scheduled timings should contact the organisers for advice, either by telephone or by seeking advice from a route marshall or other kuta outdoors staff member.

Any team or individual forced to retire should if possible do so at a staffed check point from where transport may be provided back to event HQ. Everyone who retires must report in person to the check-in at the event start or finish point.

At least two mobile phones must be carried by each walking team and it is your responsibility to provide these. It is vital that the organisers know your whereabouts both during and at the end of the day/s.

All walkers must declare any previous health related issues included heart, back, spinal, pregnancy, eye or disease related issues that may have affected them in some way or has the potential to surface during any Kuta Outdoors event.

If anyone is 'posted missing' rescue services may be alerted after an initial search by Kuta Outdoors.

You ensure that your mobile phone is safely protected from adverse weather and not set on silent and your password is removed on the day of the event should emergency services need to contact your relatives etc.

Always remain in a team unless otherwise instructed or cleared by the event organisers and or Kuta Outdoors marshalls.

Use of mobile phones for navigation – we do not recommend this. If you are planning on walking the Y3P do so either in a well led group who have maps and compass and safety equipment or if you have the skills, with both map and compass.

First Aid assistance will be available on the day by our roving event organiser and marshalls.

Event organisers/officials will recommend the withdrawal of anyone who they deem to be unfit to continue or who are unlikely to complete the challenge in the given time. Persons ignoring such recommendation will cease to be the responsibility of the organisers. We always take a very sympathetic approach to this often unwelcome scenario and will always act with best tact and diplomacy – anyone who we ask to leave the route will be offered a complimentary alternative date to do it again and encouraged to address the issue that has contributed to our decision.

The organisers reserve the right to stop walkers continuing if to do so would be potentially dangerous, (eg severe weather, onset of darkness). Anyone who then decides to continue will do so at their own risk.

### **Cancellation**

Cancellations by Barnsley Hospital Charity or Kuta Outdoors – we reserve the right to cancel an event due to unforeseen circumstances or unsuitable conditions. Where a course is cancelled we will offer an alternative date or a full refund of monies paid only if walkers cannot attend any one of the alternative dates provided.

Cancellations by clients- Barnsley Hospital Charity do not offer a cancellation refund however if may be possible to offer you an alternative date with Kuta Outdoors.

### **Social Media, Photographs and Video**

Photographs video and social media images – by participating in this event you agree that any photos taken on the day may be used by Barnsley Hospital Charity or Kuta Outdoors for marketing purposes.

You retain ownership of the intellectual property in that information however you grant us a worldwide, non-exclusive, royalty-free licence (with the right to sublicense) to use (including copy,

reproduce, adapt, modify, publish, broadcast, transmit, display and distribute) the Content in any and all media including forms not yet developed.

Images of the event may be used in promotional material both online and in print. If you have any concerns about this, please let us know at least 24 hours before commencement of the event. We will respect your privacy and handle the situation in a tactful manner.

### **Equipment**

The customer is responsible for any damage or loss to equipment issued by Kuta Outdoors and will be responsible for its repair and or replacement purchase within 2 weeks.

Barnsley Hospital Charity and Kuta Outdoors is not liable for any loss or damage to personal items during an event.

Comfortable strong walking boots/shoes are recommended together with appropriate clothing to suit the conditions. See the kit list page – if in doubt contact Kuta Outdoors and we will help advise.

### **Food and refreshments**

Refreshment points will be located at intervals around the course, however, it is recommended that you bring with you your own food/water supplies.

### **Good conduct**

To not damage plants, wildlife and or trees and show good respect towards local infrastructure and dry stone walls not removing stones, or damaging any free standing item.

Zero Littering. Please retain all your litter – we have a simple policy at Kuta Outdoors, it is “If it goes out with us it comes back with us” . We also walk the entire route at the end of the season collecting every single bit of litter that we can find – filling refuse bags and doing our bit to support the environment.

Take special care on country roads. Where there is no pavement, walk in single file on the right-hand side of the road to face oncoming traffic. Walk in single file when going or down the 3 peaks – Large groups taking over mountain paths can alienate other walkers especially when faster walkers can't get past due to slower walkers and their walking poles blocking routes. Be considerate to other walkers at all times.

Walk only on mountain paths – The Yorkshire 3 Peaks route has had much damage due to the erosion caused by thousands of walkers over the years as a result there is now a new trail that allows the original route to recover – do please stick to the route paths. A path is designated as being at least 1.2metres in width.

Do not pollute streams and reservoirs with rubbish and waste food, or use them as lavatories.

Environmental issues – traffic pollution. Where possible do please car share and or use public transport.

Speeding and noise – Walkers that are running late to get to the start of the Y3P are often caught by the Police car lurking anywhere around Settle – why risk 3 points and a fine or worse a serious accident – plan well and drive slowly, please consider the locals especially when driving into or out from Horton in Ribblesdale, no loud music on, no beeping of horns and loud celebrations when meeting fellow team members at any time.

Use gates and stiles to cross fences/walls and fasten all gates after using them.

Do not light fires

All participants must obey The Country Code and the Laws and Bye-Laws of England and Wales as stated below and adhere to designated rights of way on tracks and paths on the route.

### **Insurances**

Kuta Outdoors strongly recommend that you have the following before you start your event: Adequate Personal Equipment insurance (your valuable equipment is insured) Earnings Insurance cover – to mitigate any loss of earnings should you have a serious injury and Life Insurance

### **Dogs and other animals**

Dogs are permitted but must be kept under tight control and consideration given to other event participants. Dog fouling must be cleared by dog owner and appropriately disposed of. Keep dogs under close control and on a lead when walking through farm land. Make sure your dog can actually walk the distance without suffering.

To ensure that your dog has sufficient water / food and protective equipment for the weather conditions and that you agree to have your dog under control at all times and to ensure any dog waste is bagged and removed from the route.

Cattle and sheep should, however, be approached with care; startled animals may be unpredictable. If approached by cattle and you have a dog – release it immediately it is the dog that the cattle are interested in scaring away – you can then make safe progress.

### **Data provided**

Confidentiality: Barnsley Hospital Charity and Kuta Outdoors will not pass on personal information to any third party without your consent, except as may be required for the purposes of the event. All information provided will only be used for the purpose intended and or for marketing similar events, services or products that we feel may be of interest to you.

### **Disclaimer**

Barnsley Hospital Charity and Kuta Outdoors UK its employees or agents cannot be held responsible for loss or damage to personal effects, accident, injury or death howsoever arising, except where injury or death arises as a result of Kuta Outdoors negligence.